

Daily Forecasting of Regional Epidemics of Coronavirus Disease with Bayesian Uncertainty Quantification, United States

Appendix

Full Description of the Mechanistic Compartmental Model

The compartmental model (Appendix Figure 1), consists of the following 25 ordinary differential equations (ODEs):

$$\frac{dS_M}{dt} = -\beta \left(\frac{S_M}{S_0} \right) (\phi_M(t, \rho) + m_b \phi_P(t, \rho)) - U_\sigma(t) \Lambda_\tau(t) [P_\tau(t) S_M - (1 - P_\tau(t)) S_P] \quad [1]$$

$$\begin{aligned} \frac{dS_P}{dt} = & -m_b \beta \left(\frac{S_P}{S_0} \right) (\phi_M(t, \rho) + m_b \phi_P(t, \rho)) \quad [2] \\ & + U_\sigma(t) \Lambda_\tau(t) [P_\tau(t) S_M - (1 - P_\tau(t)) S_P] \end{aligned}$$

$$\begin{aligned} \frac{dE_{1,M}}{dt} = & \beta \left(\frac{S_M}{S_0} \right) (\phi_M(t, \rho) + m_b \phi_P(t, \rho)) - k_L E_{1,M} \quad [3] \\ & - U_\sigma(t) \Lambda_\tau(t) [P_\tau(t) E_{1,M} - (1 - P_\tau(t)) E_{1,P}] \end{aligned}$$

$$\begin{aligned} \frac{dE_{1,P}}{dt} = & m_b \beta \left(\frac{S_P}{S_0} \right) (\phi_M(t, \rho) + m_b \phi_P(t, \rho)) - k_L E_{1,P} \quad [4] \\ & + U_\sigma(t) \Lambda_\tau(t) [P_\tau(t) E_{1,M} - (1 - P_\tau(t)) E_{1,P}] \end{aligned}$$

$$\frac{dE_{i,M}}{dt} = k_L E_{i-1,M} - k_L E_{i,M} - k_Q E_{i,M} - U_\sigma(t) \Lambda_\tau(t) [P_\tau(t) E_{i,M} - (1 - P_\tau(t)) E_{i,P}], \quad [5]$$

for $i = 2, 3, 4, 5$

$$\frac{dE_{i,P}}{dt} = k_L E_{i-1,P} - k_L E_{i,P} - k_Q E_{i,P} + U_\sigma(t) \Lambda_\tau(t) [P_\tau(t) E_{i,M} - (1 - P_\tau(t)) E_{i,P}], \quad [6]$$

for $i = 2, 3, 4, 5$

$$\frac{dE_{2,Q}}{dt} = k_Q(E_{2,M} + E_{2,P}) - k_L E_{2,Q} \quad [7]$$

$$\frac{dE_{i,Q}}{dt} = k_Q(E_{i,M} + E_{i,P}) + k_L E_{i-1,Q} - k_L E_{i,Q}, \text{ for } i = 3, 4, 5 \quad [8]$$

$$\frac{dA_M}{dt} = f_A k_L E_{5,M} - k_Q A_M - U_\sigma(t) \Lambda_\tau(t) [P_\tau(t) A_M - (1 - P_\tau(t)) A_P] - c_A A_M \quad [9]$$

$$\frac{dA_P}{dt} = f_A k_L E_{5,P} - k_Q A_P + U_\sigma(t) \Lambda_\tau(t) [P_\tau(t) A_M - (1 - P_\tau(t)) A_P] - c_A A_P \quad [10]$$

$$\frac{dA_Q}{dt} = f_A k_L E_{5,Q} + k_Q (A_M + A_P) - c_A A_Q \quad [11]$$

$$\begin{aligned} \frac{dI_M}{dt} = & (1 - f_A) k_L E_{5,M} - (k_Q + j_Q) I_M - U_\sigma(t) \Lambda_\tau(t) [P_\tau(t) I_M - (1 - P_\tau(t)) I_P] \\ & - c_I I_M \end{aligned} \quad [12]$$

$$\frac{dI_P}{dt} = (1 - f_A) k_L E_{5,P} - (k_Q + j_Q) I_P + U_\sigma(t) \Lambda_\tau(t) [P_\tau(t) I_M - (1 - P_\tau(t)) I_P] - c_I I_P \quad [13]$$

$$\frac{dI_Q}{dt} = (1 - f_A) k_L E_{5,Q} + (k_Q + j_Q) (I_M + I_P) - c_I I_Q \quad [14]$$

$$\frac{dH}{dt} = f_H c_I (I_M + I_P + I_Q) - c_H H \quad [15]$$

$$\frac{dD}{dt} = (1 - f_R) c_H H \quad [16]$$

$$\frac{dR}{dt} = c_A (A_M + A_P + A_Q) + (1 - f_H) c_I (I_M + I_P + I_Q) + f_R c_H H \quad [17]$$

where β , S_0 , m_b , k_L , k_Q , j_Q , f_A , f_H , f_R , c_A , c_I , and c_H are positive-valued time-invariant parameters (Tables 1, 3). Parameter names are unique but only within the namespace of a given model. Each ODE in equations 1–17 defines the time-rate of change of a subpopulation (i.e., the time-rate of change of a state variable). There are 25 state variables, 1 for each ODE. Equation 5 defines 4 ODEs, 6 defines 4, and 8 defines 3 ODEs of the model. The model does not include new cases caused by travel.

The initial condition is $S_M(t_0) = S_0$, $I_M(t_0) = I_0 = 1$, with all other populations (S_P , $E_{1,M}, \dots, E_{5,M}$, $E_{1,P}, \dots, E_{5,P}$, $E_{2,Q}, \dots, E_{5,Q}$, A_M , A_P , A_Q , I_P , I_Q , H , D , and R) equal to 0. The

parameter S_0 denotes the total region-specific population size. Thus, we assume that the entire population is susceptible at the start of the epidemic at time $t = t_0 > 0$, where time $t = 0$ is 00:00 hours on January 21, 2020. The parameter I_0 , which we always consider to be 1, denotes the number of infectious symptomatic persons at the start of the regional epidemic.

Subscripts attached to state variables are used to denote subpopulations. The subscript M represents mixing populations and P represents protected populations. For example, the variables S_M and S_P denote the population sizes of mixing and protected persons who are susceptible to infection. Persons in a protected population practice social distancing; persons in a mixing population do not. The approach that we have taken to model social distancing is similar to that of Anderson et al. (S. Anderson, unpub. data, <https://www.medrxiv.org/content/10.1101/2020.04.17.20070086v1>).

The incubation period is divided into 5 stages. The numerical subscripts 1, 2, 3, 4, and 5 attached to E variables indicate progression through these 5 stages. Exposed persons in the incubation period, except for those in the first stage, are considered to be infectious but without symptoms. They are either presymptomatic (i.e., will later have symptoms) or asymptomatic (i.e., will never have symptoms).

The subscript Q is attached to variables representing populations of quarantined persons. The state variable I_Q is a special case; it accounts for symptomatic persons who are quarantined as well as persons who are self-isolating because of symptom awareness.

The parameter k_Q characterizes the rate at which infected persons move into quarantine because of testing and contact tracing. The parameter j_Q characterizes the rate at which symptomatic persons self-isolate because of symptom awareness. We recognize that susceptible persons may enter quarantine (through contact tracing) but we assume that the size of the quarantined population is negligible compared to that of the total susceptible population and that susceptible persons entering quarantine leave quarantine as susceptible persons.

The parameters β and $m_b < 1$ characterize transmission of disease: β characterizes the rate of transmission attributable to contacts between 2 mixing persons, $m_b\beta$ characterizes the rate of transmission attributable to contacts between 1 mixing and 1 protected person, and $m_b^2\beta$ characterizes the rate of transmission attributable to contacts between 2 protected persons.

Infectious persons considered to contribute to coronavirus disease (COVID-19) transmission include those in the following pools: $E_{2,M}, \dots, E_{5,M}$ and $E_{2,P}, \dots, E_{5,P}$, A_M and A_P , and I_M and I_P . We do not consider persons in the first stage of the incubation period (i.e., persons in E_1 pools) to be infectious because we assume these persons are not shedding enough virus to be infectious or detectable in surveillance testing. In experiments with an animal model (the golden hamster, *Mesocricetus auratus*), infectious virus could be recovered from animals 2 days post-inoculation (2). Moreover, it was found that severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) could be detected in contacts of infected animals just 1 day post-contact (2). Kucirka et al. (3) estimated that the false negative rate for nasal samples from exposed persons tested for SARS-CoV-2 infection an estimated 1 day after exposure is 100% but <100% thereafter. Thus, it seems reasonable to assume that exposed persons beyond the first incubation stage, which has a duration of ≈ 1 day (on the basis of our estimate for k_L , which is discussed below), are infectious and may be detected as such.

The variables $E_{1,M}, \dots, E_{5,M}$ and $E_{1,P}, \dots, E_{5,P}$ denote the population sizes of mixing and protected exposed persons in the 5 stages of the incubation period. The variables $E_{2,Q}, \dots, E_{5,Q}$ denote the population sizes of quarantined exposed persons in the 5 stages. There is no $E_{1,Q}$ population, as we assume that persons in the first stage of the incubation period are unlikely to test positive for SARS-CoV-2 or to be reached in contact tracing efforts before leaving the E_1 state. The parameter k_L characterizes disease progression, from 1 stage of the incubation period to the next and ultimately to an immune clearance phase. Persons leaving the E_5 pools enter the immune clearance phase, meaning that they become eligible for recovery. Any person leaving an E_5 pool with symptom onset enters an I pool, whereas a person leaving an E_5 pool without symptom onset enters an A pool. Persons in I pools are considered to have mild disease with the possibility to progress to severe disease.

The dynamics of social distancing are characterized by 3 step functions (i.e., piecewise constant functions having only finitely many pieces): U_σ , Λ_τ , and P_τ . The subscripts attached to these functions denote times: σ is a particular time, whereas τ is a set of times, as discussed later. The value of U_σ switches from 0 to 1 at time $t = \sigma > t_0$, the start of an initial social distancing period. As discussed later, the function Λ_τ defines a timescale for change in social distancing practices for one or more distinct periods of social distancing, and the function P_τ establishes a

setpoint for the fraction of the total population of susceptible and infectious persons adhering to social distancing practices for ≥ 1 distinct periods of social distancing. This population of persons adhering to social distancing practices excludes those persons who are quarantined, self-isolated, and hospitalized.

The parameter f_A denotes the fraction of infected persons who remain asymptomatic. The variables A_M and A_P denote the sizes of the populations of mixing and protected persons who have been infected, progressed through the incubation period, are currently in the immune clearance phase, and will never develop symptoms. The parameter c_A characterizes the rate at which asymptomatic persons recover. Note that the duration of the immune clearance phase for asymptomatic persons, \hat{t}_A , is distributed according to $e^{-c_A \hat{t}_A}$ and the mean value of \hat{t}_A is $1/c_A$.

The variable R tracks recoveries of asymptomatic persons, symptomatic persons with mild disease, and hospitalized symptomatic persons with severe disease. All persons who recover are assumed to have immunity, an assumption that is supported by the finding that SARS-CoV-2 infection elicits functional T-cell memory (4). Moreover, neutralizing antibodies evidently protect against SARS-CoV-2 infection (5). Reinfection has been detected (6) but the implications of this apparently rare phenomenon have yet to be determined.

The variables I_M and I_P denote the sizes of the populations of mixing and protected symptomatic persons with mild disease. The parameter c_I characterizes the rate at which symptomatic persons with mild disease recover or progress to severe disease. The parameter f_H is the fraction of symptomatic persons who progress to severe disease requiring hospitalization. As a simplification, we assume that all persons with severe disease are hospitalized or isolated at home in an equivalent state. The duration of the immune clearance phase for symptomatic persons who never progress to severe disease, \hat{t}_I , is distributed according to $e^{-c_I \hat{t}_I}$. The mean value of \hat{t}_I is $1/c_I$. As is implicit in our definition of c_I , the time required for progression from mild to severe disease is considered the same as the recovery time of symptomatic persons who experience only mild disease.

The variable H represents the population of hospitalized or severely ill persons. In the model, these persons are considered to be quarantined. Thus, the model does not consider nosocomial transmission. The parameter f_R denotes the fraction of hospitalized severely ill persons who recover. The parameter c_H characterizes the hospital discharge rate, i.e., the rate at

which hospitalized persons with severe disease either recover or die. The variable D tracks deaths. Many deaths occur outside a hospital setting (I. Papst, unpub. data, <https://www.medrxiv.org/content/10.1101/2020.09.01.20186395v2>). As a simplification, the model does not distinguish between deaths at home and deaths in a hospital. Of note, the mean duration of the immune clearance phase for hospitalized or severely ill persons who recover, \hat{t}_H , is distributed according to $(e^{-c_I \hat{t}_H} - e^{-c_H \hat{t}_H})c_I c_H / (c_H - c_I)$, assuming $c_H > c_I$. The mean value of \hat{t}_H is $1/c_I + 1/c_H$. As is implicit in our definition of c_H , the time required for progression from severe disease to death is considered to be the same as the recovery time of hospitalized or severely ill persons.

The time-dependent terms $\phi_M(t, \rho)$ and $\phi_P(t, \rho)$ appearing in equations 1–4 represent the effective population sizes of infectious persons in the mixing and protected subpopulations, respectively. These quantities are defined as follows:

$$\phi_M(t, \rho) \equiv I_M + \rho_E(E_{2,M} + E_{3,M} + E_{4,M} + E_{5,M}) + \rho_A A_M \quad [18]$$

$$\phi_P(t, \rho) \equiv I_P + \rho_E(E_{2,P} + E_{3,P} + E_{4,P} + E_{5,P}) + \rho_A A_P \quad [19]$$

where $\rho = (\rho_E, \rho_A)$, ρ_E is a constant characterizing the relative infectiousness of presymptomatic persons compared to symptomatic persons (with the same behaviors) and ρ_A is a constant characterizing the relative infectiousness of asymptomatic persons compared to symptomatic persons (with the same behaviors). Recall that infectiousness due to social distancing behaviors is captured in equations 1 and 2. Further recall that we assume that persons in the first stage of the incubation period (i.e., persons in either the $E_{1,M}$ or $E_{1,P}$ population) are not infectious. We also assume that the persons in these populations cannot be quarantined until after transitioning to the $E_{2,M}$ or $E_{2,P}$ population because they are assumed to test negative and because contact tracing is assumed to be too slow to catch persons in the transient first stage of incubation. Recall that persons in the A_M , A_P , and A_Q populations are defined as persons who became infected, passed through all 5 stages of the incubation period, are currently in the immune clearance phase, and will never have symptoms. Thus, persons in the exposed E populations include both presymptomatic persons (i.e., persons who will enter the I populations) and asymptomatic persons (i.e., persons who will enter the A populations).

The time-dependent terms $U_\sigma(t)$, $P_\tau(t)$, and $\Lambda_\tau(t)$ appearing in equations 1–6, equations 9 and 10, and equations 12 and 13 are step functions defined as follows:

$$U_\sigma(t) = \begin{cases} 0 & t < \sigma \\ 1 & t \geq \sigma \end{cases} \quad [20]$$

$$P_\tau(t) = \begin{cases} p_0 & \sigma \leq t < \tau_1 \\ p_1 & \tau_1 \leq t < \tau_2 \\ \vdots & \vdots \\ p_n & \tau_n \leq t < \infty \end{cases} \quad [21]$$

$$\Lambda_\tau(t) = \begin{cases} \lambda_0 & \sigma \leq t < \tau_1 \\ \lambda_1 & \tau_1 \leq t < \tau_2 \\ \vdots & \vdots \\ \lambda_n & \tau_n \leq t < \infty \end{cases} \quad [22]$$

where $\sigma > t_0$ is the time at which widespread social distancing initially begins, the integer $n \geq 0$ is the number of societal (major or widespread) shifts in social-distancing practices after the initial onset of social distancing, each $p_i < 1$ is a parameter characterizing the quasistationary fraction of susceptible persons practicing social distancing during the $(i + 1)$ th period of social distancing, each λ_i is a constant defining a timescale for change in social-distancing practices during the $(i + 1)$ th period of social distancing, $\tau = \{\tau_0, \dots, \tau_{n+1}\}$, $\tau_0 \equiv \sigma$, $\tau_{n+1} \equiv \infty$, and $\tau_{i+1} > \tau_i$ for $i = 0, \dots, n - 1$. The value of $P_\tau(t)$ defines a setpoint for the quasistationary size of the protected population of susceptible persons, $P_\tau(t) \times 100\%$ of the total susceptible population. The value of $\Lambda_\tau(t)$ determines how quickly the setpoint is reached. As indicated in equations 21 and 22, we only consider step-changes in the values of $P_\tau(t)$ and $\Lambda_\tau(t)$, a simplification. Thus, for a period during which social-distancing practices are intensifying (relaxing), we increase (decrease) the value of $P_\tau(t)$ at the start of the period in a step-change and then hold it constant until the next step-change, if any. Note that σ is the start time of the initial social-distancing period. The time at which the initial social-distancing setpoint, determined by p_0 , is reached occurs later and is determined by λ_0 , which should not to be confused with the setpoint parameters p_0, p_1, \dots, p_n with the distributional parameter p in the negative binomial distribution $\text{NB}(r, p)$.

Full Description of the Auxiliary Measurement Model

To determine how consistent each parameterization of the compartmental model is with available COVID-19 surveillance data, we had to define a quantity—a model output—that corresponds to daily reports of the number of new confirmed COVID-19 cases. Case reporting by public health officials is typically daily. We expected that most cases were detected because of symptom driven (rather than random) testing, visits to a clinical setting, or both. Accordingly, as a simplification, we assumed that persons detected in surveillance are symptomatic. To define a model output comparable to the number of new cases reported on a given day, we started by considering the predicted cumulative number of presymptomatic persons who could become symptomatic while evading quarantine (because of contact tracing) until at least the onset of symptoms, which we will denote as C_S . According to the model, the time rate of change of C_S is given by the following equation:

$$\frac{dC_S}{dt} = (1 - f_A)k_L(E_{5,M} + E_{5,P}) \quad [23]$$

The right-hand side of this equation gives the rate at which nonquarantined presymptomatic persons exit the incubation period and enter the immune clearance phase, in which they are symptomatic and therefore considered detectable in local surveillance efforts. We assumed that symptomatic persons in quarantine make a negligible contribution to detection of new cases.

Equation 23 and the ODEs of the compartmental model form a coupled system of equations, which can be numerically integrated to obtain trajectories for the state variables and C_S , the expected cumulative number of symptomatic cases. From the trajectory for C_S , we obtain a prediction for $I(t_i, t_{i+1})$, the expected number of new COVID-19 cases reported on a given calendar date \mathcal{D}_i , from the following equation:

$$I(t_i, t_{i+1}) = f_D[C_S(t_{i+1}) - C_S(t_i)] \quad [24]$$

where f_D is an adjustable region-specific parameter characterizing the time-averaged fraction of symptomatic cases detected among nonquarantined and hospitalized persons. Equation 24 completes the formulation of our measurement model. $I(t_i, t_{i+1})$ is the model output that we compare to δC_i , the number of new cases reported on calendar date \mathcal{D}_i .

Adjustable and Fixed Parameters of the Compartmental and Auxiliary Measurement Models

The parameters of the compartmental model (equations 1–22) and the auxiliary measurement model (equations 23 and 24) are considered to have either adjustable or fixed values. The adjustable parameter values were estimated (daily) through Bayesian inference on the basis of surveillance data (i.e., reports of newly detected cases). The fixed parameter values are held constant during inference and are based on nonsurveillance data, assumptions, or both, which are discussed in the section below. In this section, we simply delineate the parameters with adjustable and fixed values. The compartmental model formulated for a given regional epidemic has a total of $16 + 3(n + 1)$ parameters. The value of n is structural; it sets the number social-distancing periods considered.

The value of n corresponds to the number of periods of distinct social-distancing behaviors that follow an initial period of social distancing, which we take to begin at time $t = \sigma > t_0$. Here, we take $n = 0$ or 1 for all regional epidemics of interest. Initially, we set $n = 0$. In cases where we set $n = 1$, this setting was motivated by second wave-type dynamics suggested by the surveillance data, which we take to indicate a relaxation of social distancing practices at time $t = \tau_1 > \sigma$. The parameters of the initial social distancing period are σ , p_0 , and λ_0 . The parameters of the second social distancing period, if considered, are τ_1 , p_1 , and λ_1 . Thus, there are $3(n + 1)$ social-distancing parameters, all of which were adjustable.

In addition to the $3(n + 1)$ social distancing parameters, we have 16 other parameters. Of these, 3 define the initial condition: t_0 , $S_M(t = t_0) = S_0$, and $I_M(t = t_0) = I_0$, where t_0 is the time at which the epidemic begins, S_0 is the total population of the region of interest, and I_0 , the initial number of infected persons, is always assumed to be 1. We take t_0 to be adjustable and S_0 and I_0 to be fixed. The value of S_0 is set on the basis of population estimates by the US Census Bureau for the metropolitan statistical areas of interest (7), which are delineated by the US Office of Management and Budget (8).

The final adjustable parameter of the compartmental model, β , characterizes the rate of disease transmission attributable to contacts among persons within the mixing population. In the period before the onset of social distancing, from t_0 to σ , when $S_M/S_0 \approx 1$, the instantaneous rate of disease transmission is $\beta\phi_M(t, \rho)$, where $\phi_M(t, \rho)$ is the effective number of infectious

persons at time t , a weighted sum of the numbers of symptomatic, presymptomatic, and asymptomatic persons determined by $\rho = (\rho_E, \rho_A)$. We assumed that exposed persons after the first stage of disease incubation are infectious, as are asymptomatic persons in the immune clearance phase who have passed through all 5 stages of disease incubation and who will never develop symptoms.

The remaining 12 parameters of the compartmental model, which are considered to have fixed, region-independent values, are as follows: $m_b, \rho_E, \rho_A, k_L, k_Q, j_Q, f_A, f_H, c_A, c_I, f_R$, and c_H . Our estimates for these parameters are discussed in the section immediately below. Of note, settings for f_R and c_H do not affect predictions of new cases because these parameters characterize recovery or morbidity of hospitalized persons. The parameter f_R is the fraction of hospitalized persons who recover, and the parameter c_H characterizes the hospital discharge rate. Although nosocomial disease transmission is a significant concern, we assume that hospitalized persons are effectively quarantined such that the overall rate of disease transmission in a given region is insensitive to the number of hospitalized persons in that region.

Estimates of 12 Fixed Parameter Values of the Compartmental Model

We summarize the rationale for each of our estimates for the values of the following 12 parameters of the compartmental model: $m_b, \rho_E, \rho_A, k_L, k_Q, j_Q, f_A, f_H, c_A, c_I, f_R$, and c_H . The estimates are assumed to apply to all regions (i.e., we take these parameters to have region-independent values). We provide rough provisional estimates below because we had limited input information for the estimates. Although using point estimates for some of the model parameters can lead to underestimates of parametric uncertainty (9), aggressively leveraging prior knowledge (namely, parameter point estimates) reduces the number of adjustable parameters, which is necessary because not all model parameters can be inferred from case reporting. For each region of interest, we focused on inferring model parameters to characterize when disease transmission started (t_0), how disease transmission depends on behavior (σ, p_0, λ_0 , and β), and surveillance (f_D and r). Given the data streams analyzed, the evident influence of behavior and social distancing on disease transmission, and our goal of situational awareness, focusing on inference of these parameters seems reasonable. As we discuss below, we fix the value of m_b , which characterizes social distancing, only because we found it correlated with the value of p_0 , another social distancing parameter, when both are inferred.

The parameter m_b characterizes the effects of social distancing on disease transmission. Without social distancing, all contacts responsible for disease transmission are between mixing persons in the I_M and S_M pools and the rate of transmission is characterized by β . With social distancing, contacts can involve 1 person in a mixing population (I_M and S_M pools) and 1 person in a protected population (S_P and I_P pools); we characterized transmission rates associated by these contacts as $m_b\beta$ in the model. Contacts also can involve 2 persons in protected populations (I_P and S_P pools) and we characterize transmission associated with these types of contact by $m_b^2\beta$. In the model, the rates of transmission associated with these types of contacts are characterized by $m_b\beta$ and $m_b^2\beta$, respectively. We are confident that social distancing is protective (i.e., $m_b < 1$) but little information is available to suggest the magnitude of the effect. We arbitrarily set $m_b = 0.1$, which can be interpreted to mean that a susceptible person practicing social distancing has a 10-fold smaller chance of becoming infected than a susceptible person that is not practicing social distancing. In exploratory analyses, wherein we allowed m_b to be a free parameter, we found that its inferred value is positively correlated with the extent of social distancing, which is determined by the relevant social distancing setpoint parameter; for example, p_0 during the initial social-distancing period. Thus, we interpret the inferred quasistationary value of S_P to be an effective population size. If our estimate for m_b is too high (i.e., we underestimate the protective effect of social distancing), the effective size will be larger than the true size. Conversely, if our estimate for m_b is too low, the effective size will be smaller than the true size.

The parameter ρ_E characterizes the relative infectiousness of persons without symptoms during the incubation period; ρ_A characterizes the infectiousness of those without symptoms in the immune clearance phase. Infectiousness is compared to that of a symptomatic person. Using a 1-step real-time reverse transcriptase PCR (rRT-PCR) assay to quantify viral RNA abundance in nasopharyngeal and oropharyngeal samples, Arons et al. (10) determined rRT-PCR cycle threshold (C_t) values for 17 symptomatic and 24 presymptomatic persons. C_t value is inversely proportional to abundance. In the study, Arons et al. noted symptomatic persons had typical symptoms and asymptomatic persons lacked symptoms at the time of testing but developed symptoms ≤ 1 week after testing. At the time of testing, the median C_t value was 24.8 for symptomatic persons and 23.1 for presymptomatic persons. On the basis of these results and an

assumption that infectiousness is proportional to viral load, we estimated that $\rho_E = 1.1$. An estimate for $\rho_E > 1$ is consistent with the findings of He et al. (11), who inferred that viral load peaks 0.7 days before the onset of symptoms from an analysis of temporal viral load data and information available about infector–infectee transmission pairs. A review of the literature by A. Benefield (unpub. data, <https://www.medrxiv.org/content/10.1101/2020.09.28.20202028v1>) indicates that viral load is maximal before onset of symptoms. Over a period of 19 days, Nguyen et al. (12) performed daily rRT-PCR assays for viral RNA in nasopharyngeal samples from 17 symptomatic and 13 asymptomatic persons. Nguyen et al. (12) developed a curve-fitting model for each group to characterize their viral decay kinetics. These models indicate that the mean C_t for symptomatic persons was roughly 90% of the mean C_t for asymptomatic persons over the first week of the study, after which most persons tested negative or had a C_t near the threshold of detection, $C_t = 40$. Thus, we estimate that $\rho_A = 0.9$, but our estimates of ρ_E and ρ_A should be considered crude.

The parameter k_L characterizes the duration of the incubation period. In the model, the incubation period is divided into 5 stages (for reasons explained shortly). The waiting time for completion of all 5 stages is described by an Erlang distribution with a shape parameter $k = 5$ and a scale parameter $\mu = 1/k_L$. Lauer et al. (1) estimated times of exposure and symptom onset for 181 confirmed cases and found that the median time between SARS-CoV-2 infection and onset of COVID-19 symptoms is 5.1 days. Lauer et al. (1) also found that the empirical distribution of waiting times is fit by an Erlang distribution with $k = 6$ and $\mu = 0.88$ days, which suggests that the empirical waiting time distribution can be reproduced by dividing the incubation period into 6 stages and setting $k_L = 1.14 \text{ d}^{-1}$. However, an Erlang distribution with $k = 5$ and $\mu = 1.06 \text{ d}$ has a nearly identical shape. Because simulation costs are reduced by dividing the incubation period into 5 instead of 6 stages, we considered 5 stages in the model. The distribution of waiting times estimated by Lauer et al. (1) is reproduced by our model when we set $k_L = 0.94 \text{ d}^{-1}$.

The parameters k_Q and j_Q characterize testing driven quarantine and symptom driven self-isolation. We assume that testing is random. Thus, the number of infected persons moving into quarantine per day is the number of infected persons subject to quarantine times the fraction of the total population tested per day times a multiplier capturing the effect of contact tracing.

We take the multiplier to be average household size, 2.5 (6). Thus, assuming $\approx 500,000$ tests per day in the United States (The COVID Tracking Project, <https://covidtracking.com/data/us-daily>) and a total population of 330 million (US Census Bureau, <https://www.census.gov/popclock>), we estimate $k_Q = 0.0038 \text{ d}^{-1}$. The k_Q parameter, which characterizes the rate at which exposed persons move to quarantine because of testing and contact tracing, incorporates factors such as false negative test results. As a simplification, we assume that k_Q is the same for each stage of disease progression. We assume $j_Q = 0.4 \text{ d}^{-1}$. With this setting, the median waiting time from onset of symptoms to initiation of self-isolation is approximately 40 hours. A faster timescale for self-isolation is probably not realistic despite general awareness of the COVID-19 pandemic, because as considered in the study of Böhmer et al. (13), for any given person, any give person can have a prodromal phase of ≈ 1 day marked phase of ≈ 1 day marked by non-COVID-19–specific symptoms other than fever and cough.

The parameter f_A is the fraction of infected persons who never develop symptoms. We estimate f_A on the basis of information about the COVID-19 outbreak on the *Diamond Princess* cruise ship, as recounted by Sakurai et al. (14) and others (15,16). Before disembarking, 3,618 passengers and crew members were tested for SARS-CoV-2 infection. Of the 712 persons testing positive for SARS-CoV-2, 410 were without symptoms at the time of testing. The Ministry of Health, Labour, and Welfare of Japan (18) reported that 311 (76%) of these persons remained asymptomatic over the course of long-term follow-up (15,16). Thus, we estimate that $f_A = \frac{311}{712} \approx 0.44$, which is consistent with the results of other studies. Lavezzo et al. (unpub. data, <https://www.medrxiv.org/content/10.1101/2020.04.17.20053157v1>) estimated that 43% of all infections are asymptomatic. Gudbjartsson et al. (18) found 7/13 persons detected to have SARS-CoV-2 infection in random-sample population screening did not report symptoms; 43% of all SARS-CoV-2–positive participants in the study were symptom-free.

The parameter f_H is the fraction of symptomatic persons progressing to severe disease. We set f_H such that our model predicts a uniform infection fatality rate (IFR) consistent with that determined by Perez-Saez et al. (19) from serologic survey results and death incidence reports, 0.0064 ($\approx 0.64\%$). Others reported similar IFR estimates (R. Grewelle and G. De Leo, unpub data, <https://www.medrxiv.org/content/10.1101/2020.05.11.20098780v1.full.pdf>). According to our model, IFR is given by $(1 - f_A)f_H(1 - f_R)$, which is the fraction of all infected cases

predicted to have symptoms develop, then progress to severe disease and hospitalization, and finally a fatal outcome. Thus, based on our estimates for f_A (0.44) and f_R (0.79) and the empirical IFR (0.0064), we set $f_H = \frac{0.0064}{0.56 \times 0.21} \approx 0.054$.

The parameter c_A characterizes the duration of infectiousness of asymptomatic persons in the immune response phase. For each of 89 asymptomatic individuals, Sakurai et al. (14) reported the time between the first positive PCR test for SARS-CoV-2 and the first of 2 serial negative PCR tests. The mean duration of this period was ≈ 9.1 days. We assume that this period coincides with the period of infectiousness and that this period encompasses both the incubation period and the immune response phase. With the incubation period for both presymptomatic and asymptomatic persons divided into 5 stages of equal mean duration $1/k_L$, the overall mean duration of the incubation period is $5/k_L$. Based on our earlier estimate that $k_L = 0.94 \text{ d}^{-1}$, the mean duration of the incubation period is estimated as 5.3 days. Accordingly, the mean duration of the immune clearance phase for asymptomatic persons is estimated as $9.1 \text{ d} - 5.3 \text{ d} = 3.8 \text{ d}$, and it follows that $c_A = \frac{1}{3.8 \text{ d}} \approx 0.26 \text{ d}^{-1}$.

If $f_H \ll 1$, the parameter c_I characterizes the duration of infectiousness of persons who develop mild COVID-19 symptoms (i.e., symptoms not severe enough to require hospitalization). Wölfel et al. (20) attempted to isolate live virus from clinical throat swab and sputum samples collected from 9 patients at multiple time points after the onset of mild COVID-19 symptoms. Roughly 67% of attempts at 6 days, 38% at 8 days, and 0 at 10 days were successful at isolating virus. Assuming that a negative culture coincides with loss of infectiousness, we estimate that $c_I = -\frac{\ln(0.38)}{8 \text{ d}} \approx 0.12 \text{ d}^{-1}$.

The parameters f_R and c_H characterize the hospital stays of the severely ill. These parameters affect predictions of COVID-19–caused deaths and hospital resource utilization but do not affect the predicted transmission dynamics, because we assume that hospitalized patients are effectively quarantined and do not contribute significantly to disease transmission (i.e., there is no I_H term in ϕ_M or ϕ_P [equations 18 and 19]). The parameter f_R is the fraction of hospitalized patients who recover, and the parameter c_H characterizes the rate at which patients are discharged, either because they recovered or died. Richardson et al. (21) reported that the overall median length of hospital stay for 2,634 discharged patients (alive or dead) was 4.1 days.

